

BELLA

Beauty Defined By You

New York

At Home with
**Robin
McGraw**

The
**Hamptons
Issue**

+

Best of
BELLA 2016

The Cast of
Bravo's Hit Series
"Odd Mom Out"

Sizzling Style
& Beauty
Secrets





NEVIS: LIFE RE-IMAGINED

By Gwen Wunderlich

IN WHAT CAN ONLY BE DESCRIBED AS PURE MAGIC, I INVITE YOU TO DISCOVER NEVIS, A CARIBBEAN ISLAND FEATURING FRIENDLY ISLANDERS, RICH CULTURE, AND SPECTACULAR CUISINE. WITH SUCH A UNIQUE VIBE, AND PERFECTLY QUIANT AT ONLY 36 SQUARE MILES, IT WILL CHANGE YOU. IT WILL EMBRACE YOU, BEFRIEND YOU, WELCOME YOU AND UNWIND YOU. TRUST US. GIVE IT A FEW DAYS AND YOU WILL NEVER BE THE SAME.

NEVIS, WITH ITS RUM PUNCHES, COLONIAL ARCHITECTURE, BLUE WATERS, AND HISTORIC RUINS, MAKES IT A PLACE OF A THOUSAND TREASURES THAT WILL LEAVE YOU WITH EXHILARATING MEMORIES AND A PROMISE TO RETURN SOONER THAN LATER, AS IT HAS DONE WITH US.



Bananas Restaurant

Hidden above the Historic Hamilton Estate, the Bananas Bistro and Art Gallery is perfection under the stars. Built high in the palm trees, like a fantastical treehouse, I was able to channel all of my Robinson Crusoe dreams, which is why this restaurant is at the top of my list. Bananas exudes major character, as it is full of shabby chic touches, with ornate chandeliers hanging from the rustic roofing. The dining terrace overlooks lush gardens with the Caribbean Sea visible in the distance. We sat down for dinner just in time to see the stunning Nevis sunset while sipping the delicious signature Passion fruit martini.

Four Seasons Resort & Spa

What better way to relax on an island than to enjoy a sensational massage at one of the top spas? On our day trip to the only Four Seasons Resort in the Caribbean, we enjoyed our “Sunday Funday” with a traditional massage, which was a tranquil escape and a wonderful way to recharge our batteries before hitting the sauna and cooling off near the infinity pool. A healthy spa lunch and a well-deserved nap was the perfect ending to a peaceful afternoon.



Montpelier Plantation

Montpelier Plantation, our weeklong home away from home, played host to our stay. We couldn't have asked for a better experience for a peaceful getaway. The property is unique in that it was built on a historic sugar plantation and is designed to let the fresh sea air and tranquility connect you to a simpler way of life. This Relais and Chateaux property offers great hospitality along with a serene tropical surrounding and the best rum punches on the island. Be sure to dine at their restaurants during your stay. The property's restaurants - 750, Mill Privee, and Indigo - will not only delight your senses but your palette as well. Between the pool, spa, and daily monkey sightings, we love this place more than you will ever know.



Golden Rock Inn Gardens

Dating back to the early 1800s, Golden Rock sits on 100 square acres stretching up the verdant slopes of Nevis Peak. Unlike the island's other slopes, the Golden Rock offers a quaint and private stay with spectacular views of other Caribbean islands including Antigua, Redonda, and Montserrat. We chose to take a walk around the garden art gallery of artists Helen and Brice Marden, which looks like a tropical wonderland. With the juxtaposition of the architectural landscape and flowering plants that provided an exotic aroma, it is easy to be enticed by these incredible views.



Nevis Equestrian Centre

If you're looking for a grand adventure, head on over to the Nevis Equestrian Centre for a sunset beach and trail ride. On a picturesque early evening we had the pleasure of being guided by the owner, John Guilbert, who led us through beautiful trails where we experienced some of the most breathtaking scenery Nevis has to offer. During the ride you will explore pristine beaches and historic ruins while also journeying through Charlestown, taking in the deep-rooted history and nature of the island. This will be remembered as one of the best rides of our lives.



Nisbet Plantation & Beach Club

Nestled on thirty acres, Nisbet Plantation is the Caribbean's only historical plantation inn on a beach. Located along the silky sands and shimmering seas of Nevis, Nisbet Plantation's swaying palms surround its 36 casually magnificent accommodations. Under the night sky, we kicked off our sandals and danced the night away to a live reggae band, with a Caribbean beer in hand and a smile on our face. As promised, Nisbet Plantation's old-warm charm created an authentic, remarkable experience.



Sunshine's

Even if you've never heard of the quiet island of Nevis, you've surely heard about its most popular beach bar, Sunshine's, located on Pinney Beach. This local favorite is great spot to enjoy a sensational rum cocktail called The Killer Bee. (It's named Killer Bee for a reason!)